



**Date:** Saturday, 10th June 2023

This information will be updated as necessary, and updates announced via the [HVH Facebook page](#).

## **Age Grades and Uniforms**

Age at 31st December 2023, except Masters grades where age at 10th June 2023. As this event is only open to Registered Club Members, the correct club uniform must be worn.

## **Timing System**

Athletics Wellington provides the timing system for this event. Race bibs will again be used for each of the 4 interclub races. The bibs will have timing chips on their reverse.

## **Closing time for Entry and Race Bib Pick-up**

You must be financial in ClubNet to receive a race bib. If you are financial by 4 June you will receive a personalised race bib on the day. If you are financial after 3 June and up to 9 June, you will receive a temporary race bib, which must be returned after the race.

Athletes must uplift their race bib from race HQ at least 30 minutes prior to the start of their race. Their race bib must be worn on the front of their club singlet. Their timing chips must be left securely on the reverse of the bibs. No bib or timing chips means you will not be

recorded in the results. Avoid the long queues by arriving at Trentham Memorial Park early. Race HQ is open from 11:30am.

Out of Centre clubs to email entries to the [Race Director](#) and [Daryl Bloomfield](#) by 8 June 2023.

## Location

The races are held in Trentham Memorial Park, Trentham. Enter from Barton Avenue (off Fergusson Drive). Race headquarters will be located inside the Park adjacent to the Pavilion near the Trentham United Harrier Club Rooms.

## Course Description

A flat cross-country event around the picturesque Trentham Memorial Park and the Hutt River stop banks. The course is suitable for spikes. An Athletics New Zealand sanctioned event.

## Runners Competing Out of Grade

Any athletes who wish to compete out of grade (e.g., WU20 competing as Open Women, W35+ competing as Open Women, M50+ competing as Open Men) must declare by email to the [Race Director](#) and [Daryl Bloomfield](#) by 10 June.

## Protests and Appeals

IAAF Competition Rules 146 covers protests and appeals. In the first instance, any protest must be made to the Race Referee, within 30 minutes of the finish of the race. Referee's decision will be given to the Race Director. Any appeal must be made to the Race Director.

## Safety

### Marshals

Marshals are clearly identifiable with orange or yellow Hi-Viz vests around the course. If you are injured or observe an injury or problem of any kind please report to the nearest marshal. All competitors must obey the directions of marshals.

## No Earbuds or Audio Devices

Under World Athletics Rule 144 6.3.2, competitors are not allowed to be in possession of or use video recorders, radios, CDs, radio transmitters, mobile phones or similar devices (e.g. iPods/MP3 players) in the competition area. Such equipment is considered as giving assistance to athletes and also creates a H&S hazard as athletes must be able to hear directions given to them during their race by Marshals and other Officials.

## Race Events

Event	Race Start Time	Age Grade	Distance
1	12.45pm	Masters Women (35+)**	
		Masters Women (50+)**	
		Open Women (SW)	
		Masters Men (60+)**	
		Masters Men (65+)**	
		Masters Women (60+)**	
		Masters Women (65+)**	
		Masters Men (70+)**	
		Masters Women (70+)**	6km
2	1.20pm	Men Under 20 (MU20)*	
		Women Under 20 (WU20)*	
		Men Under 18 (MU18)*	
		Women Under 18 (WU18)*	4km

3	1.45pm	Boys Under 12 (BU12)*	
		Girls Under 12 (GU12)*	2km
4	2.00pm	Boys Under 14 (BU14)*	
		Girls Under 14 (GU14)*	2km
5	2.15pm	Boys Under 16 (BU16)*	
		Girls Under 16 (GU16)*	3km
6	2.30pm	Boys Under 10 (BU10)*	
		Girls Under 10 (GU10)*	1km
7	2.45pm	Open Men (SM)	
		Masters Men (35+)**	
		Masters Men (50+)**	8km

*\* For events marked with \* your grade is based on your age at 31 Dec 2023*

*\*\* For events marked with \*\* your grade is based on your age at 10 June 2023.*

## **2023 Course**

This year's course remains the same as previous years. The 2km loop will run past Barton's Bush and go across and around the Children's soccer fields, before turning towards the Cricket Nets and then finish along the straight in beside the car park, back up to the start line at the Pavilion.

The 4km loop will now travel through Barton's bush and weave between the senior and kids' rugby fields, before travelling through a second bush track which emerges by the axeman's grounds. Runners will cross the bridge over the stream and do a short dogleg before crossing through the stream by Cricket nets and then follow the straight back to the start line.

The course bush tracks are compacted gravel, while the remainder of the course is on grass. There are a few road crossings. Where we can, these will have carpet laid across the seal.

3km course = 1 x 1km loop plus 1 x 2km loop

6km course = 1 x 2km loop plus 1 x 4km loop

8km course = 2 x 4km loop



1km loop for Dorne



Cup  
Dorne Cup

2km loop for



4km loop for Dorne Cup

## Entry Fees

Entry fees are not payable in advance and your club will be invoiced for each member who competes as follows:

Under 20 years of age	\$7.50
All others	\$12.00

## Awards

Medals will be awarded to the first three individual place-getters in each grade who are registered with Athletics New Zealand.

## Teams

In the senior men's open event the first 6 runners' home for each club constitute the team, and in all other grades the first 4 count. Each member of the winning team in each running event will receive a certificate.

## Unregistered Athletes

This event is only open to registered athletes and schools specifically invited to compete in the Dorne Cup.

Athletes who are not registered in the GameDay database by the end of Friday 9 June, or who run with an incorrect bib, **will not** be timed **and will not** be eligible for medals or team placings, and will be disqualified.

It's also important to note that if you have not registered with Athletics NZ and are not financial with your club then you won't be able to compete. You **MUST** have paid your club fees and be marked off by your club in the GameDay database.