

# VOSSELER SHIELD



## Basic Schedule

Race	Distance	Start
<b>1</b>	<b>5 km</b>	<b>12.40pm</b>
<b>1 Senior Lap</b>		
<ul style="list-style-type: none"> <li>• Senior Women</li> <li>• Masters Women 35</li> <li>• Masters Women 50</li> <li>• Masters Women 60</li> <li>• Masters Women 65</li> <li>• Masters Women 70</li> <li>• Masters Men 60</li> <li>• Masters Men 70</li> <li>• Men 20-59 non-championship 5k</li> </ul>		
<b>2</b>	<b>3 km</b>	<b>1.35pm</b>
<b>1 Junior Lap</b>		
<ul style="list-style-type: none"> <li>• Women Under 20</li> <li>• Women Under 18</li> <li>• Girls Under 16</li> <li>• Men Under 20</li> <li>• Men Under 18</li> <li>• Boys Under 16</li> </ul>		
<b>3</b>	<b>1.1 km</b>	<b>2.00pm</b>
<b>1 Kids Lap</b>		
<ul style="list-style-type: none"> <li>• Girls Under 14</li> <li>• Girls Under 12</li> <li>• Girls Under 10</li> </ul>		
<b>4</b>	<b>1.1 km</b>	<b>2.10pm</b>
<b>1 Kids Lap</b>		
<ul style="list-style-type: none"> <li>• Boys Under 14</li> <li>• Boys Under 12</li> <li>• Boys Under 10</li> </ul>		
<b>5</b>	<b>10 km</b>	<b>2.30pm</b>
<b>2 Senior Laps</b>		
<ul style="list-style-type: none"> <li>• Senior Men</li> <li>• Masters Men 35</li> <li>• Masters Men 50</li> <li>• Women 20+ non-championship 10k</li> </ul>		