



## ***Victoria University Relay***

***Saturday 6 May 2023***

***Queen Elizabeth Park, Mackay's Crossing, Paekakariki***

**NOTE: ABSOLUTELY NO DOGS ARE PERMITTED  
ON THE FARM AREA OF QE PARK  
EITHER LOOSE, ON LEADS OR IN CARS  
SO PLEASE LEAVE YOUR CANINES AT HOME!**

The Victoria University Athletic Club would like to invite your members to the Victoria University Relay events being held at QE Park on Saturday 6 May. Registered athletes and social members of clubs are eligible to compete in the following events:

1. ***The Whittaker's Chocolate Walk*** - open to walkers of all ages. Distance of approximately 6 km. Walkers must estimate their time with the winners being the walkers who are closest to their estimated time. Prizes for first female and first male.
2. ***Scratch Race for Boys & Girls U10*** – a scratch race (i.e. mass start) over 1.2 km for athletes under 10 years of age. Registration on the day. Please find the registration table when you arrive at the event and sign up before the start of the race.
3. ***The Boys, Girls & Mixed Relays*** – 4 runners per team over a 2 km (approx.) lap.  
All grades start together.  
U16 Boys, U16 Girls, U16 Mixed  
U14 Boys, U14 Girls, U14 Mixed  
U12 Boys, U12 Girls, U12 Mixed
4. ***A fun run for Boys & Girls U7*** - an out & back fun run from the start/finish line over approx. 300 metres.
5. ***The Victoria University Relay*** – 11 grades with 4 runners per team over a 3.5 km (approx.) lap. All grades start together.

<b>RACE TIMES</b>	<b>EVENT</b>	<b>DETAILS</b>
<b>12:00 PM</b>	<b>Chocolate Walk</b>	6 km walk on the road; 11.30 registration, 12 noon start
<b>1:00 PM</b>	<b>B&amp;G U10</b>	1.2 km: the start is over the sandhills to the south of the main start/finish area.
<b>1:15 PM</b>	<b>B&amp;G U16/14/12 Relays</b>	2 km loop from the start/finish area
<b>2.10 PM</b>	<b>B&amp;G U7 fun run</b>	300 metres fun run "out and back" from the start/finish
<b>2:30 PM</b>	<b>UNIVERSITY RELAY</b> Junior women U20 Junior men U20 Senior women Senior men Masters women 35+ Masters men 35+ Masters women 50+ Masters men 50+ Masters men 60+ Masters women 60+ Mixed*	11 grades with 4 runners per team, 3.5 km lap.  Prizes will be awarded to the winning team in each grade with the prize-giving to start as soon as the final runner completes the event  *Mixed teams can comprise athletes of mixed ages and genders (results in the grade will be recorded but there will be no prizes awarded)

**\*\*\* Age is taken at 31<sup>st</sup> December 2023  
 OR for Masters, age on the day of the event\*\*\***

### **Electronic Timing Batons and Changeover**

*\*\*\*Team members must run with the baton in their hand\*\*\**

*\*\*\*Next lap runners must enter the changeover area via the side access chute,  
 NOT VIA THE START/FINISH CHUTE\*\*\**

*\*\*\*Baton changeover must take place **WITHIN** the allocated changeover zone\*\*\*\**

## ***Entries, fees, rules and other information:***

1. Team relay entries must be submitted online by club officials via the online link (this link will be provided in the week before the event). Entries will close 11.59 pm Thursday 4 May.
2. Relay teams who wish to compete in the Senior grade rather than their age grade must declare their intention to do so in writing to the Race Manager prior to the start of the relay
3. No runner may run more than one lap for any A &/or B team across all grades and races.
4. Clubs will be invoiced for entry fees after the event:  
\$4 per walker  
\$20 per team in the U16/14/12 relay  
\$50 per team in the Junior/Senior/Masters/Mixed relay  
No entry fee for the U10 and U7 events.
5. Runners must wear club uniform with the team race bib as allocated by your club on the front of singlet.
6. Runners must follow all instructions from marshals and Wellington Centre officials.
7. The course will be marked with a combination of tape, marker poles, arrows, cones and marshals. Where 2 marker poles are placed as a gate, runners must run between the marker poles. Where 1 marker pole is used, runners must run within 5m either side of the marker pole. Failure to comply with a marshal's instruction or not following the correct course may result in disqualification.
8. Protests and Appeals: IAAF Competition Rules 146 covers protests and appeals. In the first instance, any protest must be made to the Race Referee within 30 minutes of the finish of the race.
9. If a runner cannot complete their lap, they can be replaced by another member of the team but this will incur a 7 minute time penalty.
10. The course is not suitable for bare foot running; runners who run in bare feet do at their own risk.
11. First aid is available at the Race HQ tent which is adjacent to the start/finish.
12. There is no water available and no shelter (unless provided by your club tent) so come prepared.
13. Please take caution when driving in the paddock and especially watch out for kids.

Thank you for supporting this event and we look forward to seeing you all on the day.  
For inquiries please email the event manager: Dave Kettles [tea.pots@xtra.co.nz](mailto:tea.pots@xtra.co.nz)