

**WELLINGTON HARRIER ATHLETIC CLUB INC.**  
**BAYS RELAY RECORDS: 1968-2019**

Explanation. Occassionally our club records have a faster time than the relay record for a particular lap: Bays Relay and Takahe Akaroa Relay are examples. This has come about because a new grade (say Junior Men or Masters Women) was added to the relay programme. The organisers of the relay elected not to include lap records for these new grades on a retrospective basis; because of the difficulty of obtaining and verifying those earlier times. However, our own club records do include runners running in other teams from the earlier years: a Junior Man running in Senior Mens team or a Masters Women running in a Senior Womens team are examples.

**JUNIOR WOMEN - BAYS RELAY – 10/19**

Team	Lap	Km	Name	Year	Club Record	Club Km Rate	Relay Record
A	1	4.776	Jean Kozyniak	2013	16:47	3:31	16:47
	2	4.649	Sarah Beresford	2004	16:49	3:37	16:49
	3	4.804	Kate McIlroy	2000	17:04	3:33	17:04
	4	3.845	Sarah Biss	1995	14:04	3:40	14:04
	5	3.978	Helen Ewing	1997	14:25	3:37	14:10
			Team	2003	1:24:56		1:24:11
B	1	4.776	Mariana Alletson	2004	18:48	3:56	
	2	4.649	Kate Barlow	2000	19:33	4:12	
	3	4.804	Caitlin Bassett	2019	18:24	3:50	
	4	3.845	Edie Kozyniak	2019	15:47	4:06	
	5	3.978	Alice Feslier Holmes	2002	15:26	3:53	
			Team	2019	1:29:47		
C	1	4.776	Sarah Beresford	2001	20:17	4:15	
	2	4.649	Mariana Alletson	2003	19:26	4:11	
	3	4.804	Alice Feslier Holmes	2003	20:37	4:17	
	4	3.845	Abigail Blair	1990	16:33	4:18	
	5	3.978	Sarah McNeill	2003	16:54	4:15	
			Team	2003	1:38:51		
D	1	4.776	Helen Miller	1990	27:30	5:45	
	2	4.649	Tania Madsen	1990	24:31	5:16	
	3	4.804	Rebecca Lines	1990	22:25	4:40	
	4	3.845	Alice Henry	1990	18:48	4:53	
	5	3.978	Rachel Smith	1990	19:18	4:51	
			Team	1990	1:52:00		

**WOMEN - BAYS RELAY – 10/19**

A	1	4.776	Gabrielle O'Rourke	1999	15:41	3:17	15:39
	2	4.649	Anne Hare	1993	14:51	3:12	14:51
	3	4.804	Anne McKenzie	1985	15:54	3:19	15:47
	4	3.845	Anne Hare	2000	12:43	3:18	12:43
	5	3.978	Anne Hare	1990	12:47	3:13	12:47
			Team	1993	1:16:38		1:16:38
			Team	1992	1:16:38		1:16:38
B	1	4.776	Kirsty Wallace	1986	16:56	3:33	
	2	4.649	Michelle Hopkins	2000	16:32	3:33	
	3	4.804	Mary-Anne O'Rourke	1985	16:56	3:31	
	4	3.845	Lorraine Smart	1983	14:11	3:41	
	5	3:978	Anne Hare	2000	13:55	3:30	
			Team	1986	1:23:36		

**WOMEN - BAYS RELAY (Continued) – 10/19**

<b>Team</b>	<b>Lap</b>	<b>Km</b>	<b>Name</b>	<b>Year</b>	<b>Club Record</b>	<b>Club Km Rate</b>	<b>Relay Record</b>
C	1	4.776	Mary-Anne O'Rourke	1986	17:43	3:43	
	2	4.649	Mary-Anne O'Rourke	1988	18:41	4:01	
	3	4.804	Sonya Utting	1986	18:22	3:49	
	4	3.845	Gabrielle O'Rourke	1986	15:13	3:57	
	5	3.978	Lisa van Rijswijk Team	1984 1986	15:50 1:27:03	3:59	
D	1	4.776	Kerry Titcombe	1986	18:02	3:47	
	2	4.649	Jenny Martin	1988	18:15	3:56	
	3	4.804	Heather Anderson	1986	18:15	3:48	
	4	3.845	Karen McLennon	1986	15:45	4:06	
	5	3.978	Rose Gammie Team	1987 1986	14:47 1:29:56	4:43	
E	1	4.776	Katrina Bate	1986	19:26	4:04	
	2	4.649	Diane Fraser	1987	19:21	4:10	
	3	4.804	Rhonda Catchpole	1986	21:04	4:23	
	4	3.845	Diane Horn	1986	18:17	4:45	
	5	3.978	Vickie Cornish Team	1983 1986	14:50 1:37:46	3:44	
F	1	4.776	Elaine Murray	1986	20:54	4:23	
	2	4.649	Veronica Gould	1988	22:14	4:47	
	3	4.804	Alice Henry	1986	20:01	4:10	
	4	3.845	Vanessa Fraser	1986	18:01	4:41	
	5	3.978	Sheryl Skipsey Team	1986 1986	19:34 1:41:19	4:55	
G	1	4.776	Judith Cornish	1986	23:06	4:50	
	2	4.649	Helen Miller	1988	22:39	4:52	
	3	4.804	Maggie Blair	1986	20:32	4:16	
	4	3.845	Trudi Jackson	1988	17:15	4:29	
	5	3.978	Emily Oliver Team	1988 1986	16:34 1:46:44	4:10	
MW	1	4.776	Ngaire Drake	1986	16:08	3:23	17:01
	2	4.649	Tina Wild	1991	15:55	3:25	16:54
	3	4.804	Carline Macdonald	2000	17:06	3:34	16:54
	4	3.845	Anne Hare	2000	12:43	3:18	13:44
	5	3.978	Tina Wild Team	1993 2017	13:35 1:27:46	3:25	14:02 1:24:33
MW50	1	4.776	Charlotte Kerr	2019	19:14	4:02	19:14
	2	4.649	Caroline Fyfe	2019	26:25	5:41	23:05
	3	4.804	Carline Thomas	2019	21:26	4:28	21:26
	4	3.845	Mandy Hancock	2019	18:56	4:55	18:07
	5	3.978	Vickie Humphries Team	2019 2019	16:50 1:42:51	4:14	16:50 1:42:51

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A	1	4.776	Chris Pilone	1976	13:59	2:56	13:48
	2	4.649	Phil Starr	1991	13:44	2:57	13:44
	3	4.804	Phil Starr	1993	14:13	2:58	14:13
	4	3.845	Steve Wardle	1983	12:03	3:08	11:56
	5	3.978	Graham Sayer Team	1980 1978	11:55 1:07:33	3:00	11:52 1:07:33
B	1	4.776	Andrew Wheatley	1980	15:25	3:14	
	2	4.649	Michael Tannock	1993	14:53	3:12	
	3	4.804	Graham Sayer	1978	16:04	3:21	
	4	3.845	Marcus Karamanolis	2010	12:42	3:18	
	5	3.978	James Shearer Team	1991 1978	12:53 1:12:41	3:14	

**JUNIOR MEN – BAYS RELAY (Continued) – 10/19**

<b>Team</b>	<b>Lap</b>	<b>Km</b>	<b>Name</b>	<b>Year</b>	<b>Club Record</b>	<b>Club Km Rate</b>	<b>Relay Record</b>
C	1	4.776	Michael Waite	1978	15:35	3:16	
	2	4.649	Callum Stewart	2012	16:11	3:29	
	3	4.804	Patrick Roche	2012	16:18	3:24	
	4	3.845	Ian Graham	1981	12:54	3:21	
	5	3.978	Malcolm Hart	1978	13:18	3:21	
			Team	1978	1:16:55		
D	1	4.776	Norman Brydges	1981	17:17	3:37	
	2	4.649	Ian Angus	1978	16:11	3:29	
	3	4.804	Matthew Roche	1979	17:27	3:38	
	4	3.845	Mark Shearer	1989	13:00	3:23	
	5	3.978	Robbie van Rijswijk	1977	13:38	3:26	
			Team	1978	1:18:24		
E	1	4.776	Chris Gardiner	1978	17:34	3:41	
	2	4.649	Michael Small	1978	17:48	3:50	
	3	4.804	John Heffernan	1978	18:11	3:47	
	4	3.845	Peter Baker	1978	13:21	3:28	
	5	3.978	Robbie van Rijswijk	1978	14:10	3:34	
			Team	1978	1:20:41		
F	1	4.776	Tony Aldersley	1977	16:37	3:29	
	2	4.649	David Peterson	1978	19:31	4:12	
	3	4.804	Michael Stirling	1977	17:29	3:38	
	4	3.845	Matthew Hiles	1977	15:36	4:03	
	5	3.978	Steve Wardle	1982	13:38	3:26	
			Team	1977	1:26:13		

**MEN - BAYS RELAY – 10/19**

A	1	4.776	Evan Cooper	2013	13:59	2:56	13:59
	2	4.649	Phil Starr	1998	14:08	3:02	13:41
	3	4.804	Nathan Tse	2018	14:40	3:03	13:59
	4	3.845	Phil Starr	1999	11:43	3:03	11:43
	5	3.978	Hayden Florance	1997	12:06	3:03	11:44
			Team	1996	1:08:25		1:08:00
B	1	4.776	Stewart Milne	2014	16:03	3:22	
	2	4.649	Doug Hancock	2013	16:16	3:30	
	3	4.804	Julian Davidson	2014	16:24	3:25	
	4	3.845	Ryan McAlister	2019	13:15	3:28	
	5	3.978	Matt Gibson	2014	13:18	3:21	
			Team	2014	1:17:02		
MM A	1	4.776	Kevin Jury	1996	15:16	3:12	14:35
	2	4.649	Graham Tattersall	1993	14:56	3:13	14:38
		4.649	Ross Jackson	1990	14:56	3:13	14:38
	3	4.804	Kevin Jury	1994	15:07	3:09	14:07
	4	3.845	Richard Swan	2018	12:50	3:20	12:10
5	3.978	Graham Tattersall	1990	12:10	3:04	12:10	
			Team	1992	1:15:00		1:11:28
MM B	1	4.776	Barry Everitt	1995	16:51	3:32	
	2	4.649	Jono Hales	2009	16:50	3:37	
	3	4.804	Mike Winsborough	1995	17:18	3:36	
	4	3.845	Gordon Clarke	2009	14:28	3:46	
	5	3.978	Murray Peebles	2009	14:07	3:33	
			Team	2009	1:20:19		

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MM C	1	4.776	Terry Fraser	2017	18:53	3:57	
	2	4.649	Willie Gunn	2017	18:38	4:00	
	3	4.804	Trevor Henry	1995	20:59	4:22	
	4	3.845	Raewyn Flitcroft (MW)	1995	15:08	3:56	
	5	3.978	John Barrance Team	1995 1995	16:03 1:33:50	4:02	
MM50 A	1	4.776	Paul Hewitson	2019	16:36	3:29	16:02
	2	4.649	Paul Hewitson	2017	16:27	3:32	15:59
	3	4.804	Paul Hewitson	2013	16:46	3:29	16:33
	4	3.845	David Creamer	2017	14:26	3:45	14:26
	5	3.978	Vaughan New Team	2013 2013	13:46 1:19:06	3:28	13:46 1:18:22
MM50 B	1	4.776	Ian Macfarlane	2015	18:28	3:52	
	2	4.649	Liam Healey	2015	18:48	4:03	
	3	4.804	Casey Plunket	2014	18:00	3:45	
	4	3.845	Neil Price	2014	15:43	4:05	
	5	3.978	Liam Healey Team	2016 2014	16:05 1:28:41	4:03	
MM50 C	1	4.776	Des Young	2016	20:57	4:23	
	2	4.649	Paul May	2016	20:13	4:21	
	3	4.804	Geoff Smith	2016	20:51	4:20	
	4	3.845	Peter Frawley	2016	17:51	4:39	
	5	3.978	Mark Ross Team	2016 2016	16:53 1:36:45	4:15	
MM60	1	4.776	Paul Sharp	2017	18:07	3:48	18:07
	2	4.649	Richard Brent	2016	19:21	4:10	19:21
	3	4.804	Paul Sharp	2016	17:37	3:40	17:37
	4	3.845	Des Young	2018	17:32	4:34	17:09
	5	3.978	Mike Winsborough Team	2018 2018	18:22 1:37:11	4:37	18:22 1:37:11