



THE GREAT BAYS RELAY TURKEY TROT

Wellington Harrier Athletic Club invites all walkers to participate in the “Turkey Trot” walked in conjunction with the Bays Relay, on Saturday 17 August 2019.

What is a “Turkey Trot”?

It’s an event where ***you*** estimate your time for the distance (5 km) and results are decided on how close you finish to your estimate. ***The catch is that nobody is allowed to wear a watch or receive sideline advice on their progress times!***

The event is great fun for competitive and recreational walkers. We’ll even admit “Nordic Walkers” if they want to try and all finishers receive the traditional walker’s peanut slab!

We try to finish the event before the runners start, so that the keenest of you can join a relay team as well; or at least get out and support them!

Entry: Register at Geoff’s car at Island Bay, by recording your name and estimated time (and arranging the entry fee), from 10:00 am onwards.

Entry Fee: \$8. If you’re a registered member of your club, we’ll invoice the Club direct. If you don’t belong to a Club, or are a “Social Member” please pay when you register.

Start Time: 10:30 am

Judging: Walkers will not be judged, but the race manager will be watching for “running”. He will also be happy to offer any comments on style (if asked).

Prizegiving: At the finish line (opposite Warehouse on Lyall Bay Parade), as soon as the last walker finishes.