



THE OLYMPIC HARRIER & ATHLETIC CLUB (INC)  
PROUDLY PRESENTS THE

# 2017 SHAW BATON RELAYS

**SATURDAY 22 April 2017**

**VENUE:** Battle Hill Farm Park – Pauatahanui, Paekakariki Hill Rd, Porirua, Wellington. (6km north of Pauatahanui General Store).

**DISTANCE:** 2km laps - cross-country

**COURSE:** grass, gravel tracks, mostly flat to undulating with one sharp uphill & downhill. Log jumps and a water jump. Course marked with Red & White flags. Go through 'gate' when 2 set together or up to 5metres either side if set alone. Failing to follow correct course may result in disqualification.

<b>RACE TIMES:</b>	<b>1:00PM</b>	<i>(4 Runners per Team)</i>	
		Junior Women	Junior Women/Youth Girls (U15-U20)
		Senior Women	W20-39
		Masters Women	W40+
		Masters Women	W50+
	<b>1:50pm</b>	1k Fun Run	B&G U10 – mass start
	<b>2:00pm</b>	Boys, Girls & Mixed	B&G U13, B&G U11
	<b>2:50pm</b>	<i>(6 Runners for Team)</i>	
		Junior Men	Junior Men/Youth Boys (U15-U20)
		Senior Men	M20-39
		Masters Men	M40+
		Masters Men	M50+

**PLEASE NOTE:** Age is taken as your age as at 31 December 2017, OR in the case of Masters, age on the day of the event.

## COME AND TRY CROSS COUNTRY RUNNING

The Relays are open to teams from Schools, Colleges and Recreation Runners who are welcome to enter in age/gender grades as above

<b>ENTRY FEES:</b>	Senior Women, Masters Women (40+ & 50+), Jnr Women	Club	\$40.00 per team
		Non-club	\$45.00 per team
	Boys/Girls/Mixed	Club	\$20.00 per team
		Non-club	\$25.00 per team
	Senior Men, Masters Men (40+ & 50+), Jnr Men	Club	\$60.00 per team
		Non-club	\$65.00 per team

## ENTRY PROTOCOLS – RACE RULES:

1. Email team entry details to the secretary@olympicharriers.org.nz by **5pm Wednesday 19 April 2017**. All Athletics Wellington Clubs, Business and School Teams will be invoiced for entry fees after the event.
2. Confirm entry details (**any changes OR not**) at Race HQ at least 15 minutes before relevant race start time and collect Team Recording Sheets (1 per team). Provide: Club Name, Team, Grade & Team Number and Runners' Full Names in lap order.
3. **PLEASE USE THE TEAM RECORDING SHEET PROVIDED BY THE RACE HOST.**
4. **Club teams** to wear race letter/numbers as allocated by your club on the front of singlet. Visiting teams please indicate race number to be used on the entry form.
5. **Non-club teams** will need to supply letters &/or numbers for respective teams.
6. **No runner may run more than one lap** for any A &/or B team across all grades and races.
7. Next lap runners **must enter** the start line from the **side access, NOT VIA FINISH CHUTE** where runners are finishing.
8. Hand in team sheet with actual running order and self-taken times, to Race HQ immediately after your last runner finishes. Remember Full Names please.
9. First Aid available.
10. Toilets available, no changing facilities, come prepared.
11. **ABSOLUTELY NO DOGS ARE PERMITTED AT BATTLE HILL FARM PARK**
12. Results will be posted on the Olympic Harrier Club website at [www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)
13. Winning Team Members - please remain for prize-giving which will be immediately after each relay race.
14. Trophies: Shaw Baton Trophies for:

Senior Men	Masters Men 40+	Junior Men U20
Senior Women	Masters Women 40+	Junior Women U20
	Masters Men 50+	
	Masters Women 50+	

Miniature batons for winning team athletes of above races

Medals for U10 boys and girls scratch race

Medals for winning teams in Boys U13 & Girls U13 – Boys U11 & Girls U11

**Juan McDonald**  
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